

WHO IS IN?

# Abundant Living Challenge

2021

30 MINUTES A DAY PURSUING A PASSION	30 MINUTES MOVING YOUR BODY	30 MINUTES LEARNING SOMETHING NEW	SHARE WHAT YOU HAVE LEARNED!	MAKE AND EAT A NOURISHING PLANT BASED MEAL	HOW YOU FELT:
DAY 1					
DAY 2					
DAY 3					
DAY 4					
DAY 5					
DAY 6					
DAY 7					
DAY 8					
DAY 9					
DAY 10					
DAY 11					
DAY 12					
DAY 13					
DAY 14					
DONE!					
THOUGHTS:					